

# GMC Spring Boys Track & Field 2015 Honors

## All-Conference

<u>Event</u>	<u>School</u>	<u>Athlete</u>	<u>At- Large</u>
100	Piscataway	Elijah Pierson	Kyle McCann, S. Brunswick
200	Sayreville	Colin Winslow	Bruce Athur, St. Joesph
400	Metuchen	Sam Nihal	Joe Egri, JFK
800	JP Stevens	Aaron John	Maurice Ffrench, New Brunswick
1600	S. Brunswick	Nick Neville	Dhrur Banerjee, S. Brunswick
3200	S. Brunswick	Matt Zamorski	Andre Yates, Edison
400IH	N. Brunswick	Rexford Thomas	Alex Borowich
110HH	Sayreville	Ben Aidoo	Mike DeAngelis
Long Jump	S. Plainfield	Warren Reels	
Triple Jump	Piscataway	Eric Bathea	<b><u>4x400 Relay- Old Bridge</u></b>
High Jump	S. Brunswick	Issa Feknous	Jayson Gilbert
Pole Vault	E. Brunswick	Ayman Saleh	Prosper Delle
Shot Put	S. Brunswick	Nick Botett	Kenny Brakoh
Disc	St. Joesph's	Nick Krimin	Mike Delvecchio
Javelin	Middlesex	David Spencer	

**Coach of the Year- Brad Altland, JFK**

### **4x100 Relay-S. Brunswick**

Harmodio Cruz  
Elijah Suggs  
Evan Kainer  
Wendell Allen

### **4x800 Relay- Old Bridge**

Ed Zaleck  
Gerard D'Ambrosio  
Rey Rivera  
Hazem Miawad

## All-Red Division

<u>Event</u>	<u>School</u>	<u>Athlete</u>	<u>At- Large</u>
100	Piscataway	Elijah Pierson	Dhruv Banerjee
200	Sayreville	Colin Winslow	Bruce Arthur
400	E. Brunswick	Brandon Phillip	Tynell Bush
800	JP Stevens	Aaron John	Kyle McCann
1600	S. Brunswick	Nick Neville	Dominic Walton
3200	S. Brunswick	Matt Zamorski	Brandon Darris
400IH	Old Bridge	Alex Ramirez	Carolos Donou
110HH	Sayreville	Ben Aidco	Alex Borowick
Long Jump	St. Joseph's	Michael Hom	
Triple Jump	Piscataway	Eric Bathea	
High Jump	S. Brunswick	Issa Feknous	
Pole Vault	E. Brunswick	Ayman Saleh	
Shot Put	S. Brunswick	Nicolas Botett	
Disc	St. Joseph's	Nick Krimin	
Javelin	S. Brunswick	David Morales	

**Coach of the Year- Will Rivera S. Brunswick**

**Sportsmanship- Pete Buccino Piscataway**

### 4x400 Relay- Old Bridge

Mike Delvecchio  
Prosper Delle  
Jayson Gilbert  
Kenny Brakoh

### 4x100 Relay-South Brunswick

Harmodio Cruz  
Elijah Suggs  
Evan Kainer  
Wandell Allen

### 4x800 Relay- Old Bridge

Gerrard Diambrosio  
Ray Rivera  
Hazem Minad  
Ed Zalek

## All-White Division

<u>Event</u>	<u>School</u>	<u>Athlete</u>	<u>At- Large</u>
100	JFK	Matthew Sylvester	Travis Martin- No. Bruns
200	Edison	Andre Yates	Jeffery Montoya- No. Bruns
400	Monroe	Ariel Delgado	Anthony Del Popolo- JFK
800	No. Bruns	Aiden Lewis	Charles Cole- Woodbridge
1600	Monroe	Connor Giampierito	Jared Halsy- Edison
3200	Monroe	Evan Pron	Demetruis Rodriguez- Woodbridge
400IH	No. Bruns	Rexford Thomas	Josh Hopkins- Edison
110HH	Woodbridge	Percy Martin- Oguike	Rey Jimenez- JFK
Long Jump	Edison	John Dema Ala	
Triple Jump	Monroe	Miles Shipp	<b><u>4x400 Relay- JFK</u></b>
High Jump	P. Amboy	Eddie Griggs	Alexander Moore
Pole Vault	JFK	Joe Egri	Edmund Amparbeng
Shot Put	No. Bruns	Zachery Rowell	Justin Shears
Disc	Edison	Tyshon Nash	Ari King
Javelin	Monroe	Patrick Paoluccio	

**Coach of the Year- Brad Altland, JFK**

**Sportsmanship- Monroe**

### **4x100 Relay- No. Bruns**

Kadas Reams  
Kyshaun Jackson  
Jah'Bre Seawright Jeffrey  
Maurice Ffrench

### **4x800 Relay- JFK**

Thambu Jisnu  
Nate Brown  
Savan Patel  
Rahual Mahjc

## All-Blue Division

<u>Event</u>	<u>School</u>	<u>Athlete</u>	<u>At- Large</u>
100	S. Plainfield	Martese Jones	Josh Donnelly, Colonia
200	Carteret	Taj Burgess	Mitt Patel, Spotswood
400	Spotswood	Nia Dimaria	Mat Torress, Spotswood
800	B Ahr	Angelo Napoli	Mike Corace, Spotswood
1600	S. Plainfield	JT Colapietro	Bryce Barnes, Colonia
3200	Metuchen	Mike Stonehocker	Matt Waters, Spotswood
400IH	Carteret	Randy Fabian	Tamin Gonnell, Carteret
110HH	Metuchen	Trevor Firgau	Ken Thonton, Metuchen
Long Jump		Cameron O'Conneil	
Triple Jump	Metuchen	Elijah McCallum	<b><u>4x400 Relay- Metuchen</u></b>
High Jump	S. Plainfield	Mike DeAngelis	Joe Choi
Pole Vault	S. Plainfield	Josh Ward	Danny Briggs
Shot Put	S. Plainfield	James Flasser	Mikhail Skolnick
Disc	Metuchen	DanBlanchard	Sam Nihal
Javelin	Spotswood	Ryan Smolin	

**Coach of the Year- Chris Fish**

**Sportsmanship- Colonia**

### **4x100 Relay- S. Plainfield**

Kenyon Torress  
Zaire Cone  
Warren Reels  
Aiben Torress

### **4x800 Relay- Metuchen**

Briggs  
Beacher  
Brenneman  
Poandl

## All-Gold Division

<u>Event</u>	<u>School</u>	<u>Athlete</u>	<u>At- Large</u>
100	Timothy C.	Matt Parris	Patrick O'Leary, Cardinal McCarrick
200	Wardlaw	Nathaniel Nyema	Tim Radideau, Timothy Christian
400	Wardlaw	Noah Toney	Nassan Anderson, Dunellen
800	South River	Bartlomiej Bancewiacc	Jared Smith, South River
1600	Wardlaw	Diogo Ferriera	Mike Newman, Wardlaw
3200	Dunellen	Eduardo Cermeno	Farhan Rozaidi, Highland P.
400IH	Middlesex	Naeem Morgran	Bernal Murillo, Middlesex
110HH	Timothy C.	Matt Ng	Jaylen Correa, Cardinal McCarrick
Long Jump	Dunellen	Tyquan Fowler	Bryan Chavez, Dunellen
Triple Jump	Wardlaw	Anthony Appiah	John Wilson, Cardinal McCarrick
High Jump	Highland P.	Noah Pointer	Ethan Bull, Highland P.
Pole Vault	Middlesex	Robert Dinger	Maurice Lawrence, South River
Shot Put	Dunellen	William Cheney	
Disc	Timothy C.	David Lopez	<b><u>4x400 Relay- Wardlaw Hartridge</u></b>
Javelin	Middlesex	David Spencer	<b><u>4x100 Relay-Middlesex</u></b>

**Coach of the Year- PJ Jankowicz, Middlesex**

**4x800 Relay- South River**

**Sportsmanship-Timothy Christian**